

# Work wonders with West Yorkshire's Christmas leftovers!



## Ingredients...

4,788 tonnes of vegetables  
1,710 tonnes of fruit  
273 tonnes of confectionary  
2,052 tonnes of bread  
1,026 tonnes of meat  
273 tonnes of oil

## What's on the Menu....

The average household wastes around 6kg of food a week, that's enough to feed an extra person at the dinner table every day... and such food waste increases by a massive 80% during the festive season. Whilst we are wasting all this food there are millions of people in extreme food poverty, and most surprisingly 4 million of them are living here in the UK.



## FareShare is a national charity that redistributes good quality donated and surplus food.

Here at FareShare West Yorkshire we have already delivered over 100 tonnes of food in our first year, helping provide over 238,000 meals to those in need across the region and reducing CO<sup>2</sup> emissions by around 540 tonnes. But, with your help, we could do so much more.



**FareShare**  
community food network

**We're asking you to donate the cost of one dinner and it really is value for money...**

**A quick bite from the deli** - £3 will fund the delivery of food parcels for 6 families in need, providing up to 60% of their weekly food.

**Bistro lunch with a glass of wine** - £13.74 will power our fridges and freezers for a week, enabling us to redistribute tonnes of fresh food.

**Dining out with the Directors** - £50 will buy weekly food deliveries to one of our community members for a whole month.



We will be collecting from you soon. See the details on the posters or find out more at:

**[www.createleeds.org/fareshare/christmas](http://www.createleeds.org/fareshare/christmas)**

Become a Friend of FareShare and we'll keep you updated (without bombarding you with weekly newsletters) email **[jo.warmington@createleeds.org](mailto:jo.warmington@createleeds.org)** with your details and she will keep you informed!